

Effects of Self-esteem and Gender on Aggressive Behavior among Adolescents

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KEYWORDS Emotions. Self-esteem. Attitudes. Gender. Aggression

ABSTRACT The paper investigated the effects of self-esteem and gender on aggressive behavior among adolescents in selected secondary schools in Awka in Anambra state. The paper's objectives were to determine whether male and female adolescents differ in aggressive behavior, and to investigate whether adolescents with low self-esteem differ from those with high self-esteem in aggressive behavior. The paper adopted a quantitative research design, and a simple random sampling was used to select the respondents. A self-administered questionnaire was adopted for the collection of data. The paper findings revealed that gender is significantly related to aggressive behavior, as self-esteem is also related to aggressive behaviors. However, vital recommendations have been provided based on the findings of the study.